CLAIMS

What is claimed is:

1	1. A method of keeping a refreshed image from a camera on a user's		
2	system, the method comprising:		
3	sending the image to the user's system;		
4	refreshing the image periodically; and		
5	after a period of time, degrading the image.		

- 1 2. The method of claim 1, wherein the degrading comprises reducing 2 an image size.
- 3. The method of claim 1, wherein the degrading comprises
 decreasing resolution.
- 4. The method of claim 1, further comprising:
 determining if it is time to degrade the image; and
 if it is time to degrade the image, degrading the image.
- 5. The method of claim 4, wherein determining if it is time to degrade the image comprises determining that a set time has elapsed.
- 1 6. The method of claim 4, wherein determining if it is time to degrade 2 the image comprises determining that a window displaying the image is not 3 visible to the user.
- 7. The method of claim 1, wherein the determination whether to degrade the image is periodically evaluated.

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1	8. The method of claim 7, wherein a period to evaluate the			
2	determination whether to degrade the image is greater than a refresh period of			
3	the image.			
1	9. The method of claim 7, wherein the determination whether to			
2	degrade the image occurs concurrently with a refresh cycle.			
1	10. The method of claim 9, wherein if the determination indicates that			
2	the image should be degraded, upon refresh, the degraded image is loaded.			
1	11. The method of claim 7, wherein the determination whether to			
2	degrade the image is made when a timer reaches a preset value.			
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1	10 77 (1.1.1.7.1			
1	12. The method of claim 7, wherein a determination whether it is time			
2	2 to degrade the image is made when a counter reaches a preset value.			
1	13. An apparatus comprising:			
2	a network connection to send an image to a user's system;			
3	a refresh logic to periodically refresh the image; and			
4	a degrading logic to degrade the image after a period of time.			
1	14. The apparatus of claim 13, wherein the degrading comprises			

1 15. The apparatus of claim 13, wherein the degrading comprises
2 decreasing resolution.

reducing an image size.

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1	16. Th	e apparatus of claim 13, further comprising:
2	an activity monitor to determine if it is time to degrade the image; and	
3	if it is time	e to degrade the image, the refresh rate logic to degrade the
4	image.	

- 1 The apparatus of claim 16, wherein the degrading logic determines 2 if it is time to degrade the image by determining whether a set time has elapsed.
- 1 18. The apparatus of claim 16, wherein the activity monitor determines 2 if it is time to degrade the image by determining whether a window displaying 3 the image is visible to the user.
 - 19. The apparatus of claim 16, wherein if the degrading logic determines that the image should be degraded, upon refresh, the refresh logic loads a degraded image.
- 1 20. The apparatus of claim 13, further comprising a quality increase 2 request monitor to reset the image to its original refresh rate upon detecting a 3 request.
- 1 21. The apparatus of claim 20, wherein the request is made by the user.